3. Monthly memberships

If you use our facilities regularly, our great-value memberships allow you to pay by an affordable monthly direct debit payment, and could save you money!

We offer a wide variety of memberships, including Fitness, Health Suite, Swimming and Swimming Lesson memberships.

If you want any more information about our memberships, our staff will be happy to help.

4. Booking details

All activities must be paid for at time of booking. This can be done online at www.sllcbooking.co.uk/connect, by telephone, or at Reception. Notice of 24 hours is required for cancellations. If you fail to give 24 hours notice of cancellation, you will not receive a refund for the lost booking. Members and Activage card holders will be charged a £2.00 cancellation fee.

Seven days notice is required for the cancellation of extended lets/block bookings. After this time, cancellations will not be refunded.

5. Feedback procedures

We are keen to get your feedback on our services and facilities. Please provide feedback via our 'Comments and complaints' leaflet. If you feel a member of staff has served you exceptionally well, please express this via our 'Excellence in customer service' leaflet.

6. General opening hours

Monday to Thursday: 5.00pm – 11.00pm	Friday: 5.00pm – 10.00pm
Saturday: 9.00am – 6.00pm	Sunday: 9.00am – 10.00pm

For more information about South Lanarkshire Leisure and Culture's other facilities and services visit **www.slleisureandculture.co.uk**.

Duncanrig Sports Centre
Winnipeg Drive
East Kilbride, G75 8ZT
Tel: 01355 248922

If you need this information in another language or format, please contact us to discuss how we can best meet your needs. Phone **01698 476202**, Textphone **18001 01698 476202**, or email **maggi.archibald@southlanarkshire.co.uk**

Welcome to
Duncanrig Sports Centre

This guide provides information about our:

1. Facilities and services
2. Pay-as-you play prices
3. Monthly memberships
4. Booking details
5. Feedback procedures
6. General opening hours

SOUTH LANARKSHIRE
Leisure & Culture

www.slleisureandculture.co.uk
South Lanarkshire Leisure and Culture Ltd is a recognised Scottish Charity, No. SC032549

Duncanrig Sports Centre

1. Our facilities and services

The Club gym

The Club gym at Duncanrig Sports Centre is well-equipped with a range of modern cardio-vascular and resistance equipment. Please refer to 'The Club' leaflet for more information.

Fitness classes

Duncanrig Sports Centre has a vast fitness class programme with classes ranging from Circuit Training to Zumba. Pick up a 'Fitness class timetable', or visit www.slleisureandculture.co.uk for details of all South Lanarkshire Leisure and Culture centres' timetables.

Sports hall

Duncanrig Sports Centre has three sports halls. The halls are used for badminton, basketball, five-a-side football and volleyball. Our sports halls are also used for clubs such as gymnastics, table tennis and trampolining.

Synthetic Pitch

Duncanrig Sports Centre has one large sand-based synthetic pitch that can be divided into three for activities such as hockey or 7-a-side football.

The synthetic pitch is open:

Monday to Friday: 5.30pm - 8.30pm

Saturday: 9.00am - 6.00pm

Sunday: 9.00am - 8.00pm

2. Pay-as-you-play prices (1 April 2013 - 31 March 2014)

At Duncanrig Sports Centre you can pay for your activities as you attend, or pay monthly by Direct Debit with our great-value memberships (see overleaf for details).

Activity	Adult	Junior
Club Active*	£31.00	£15.50
Gym session	£5.40	£2.75
Fitness classes	£4.90	£2.40
Badminton	£8.95	£4.45
Table tennis	£3.50	£1.80
Hockey (outdoor)	£42.00	£20.95
Dance studio hire	£19.10	£9.60
Synthetic pitch (11-a-side)	£42.00	£20.95
Synthetic pitch (7-a-side)	£25.10	£12.55
Sports hall 1 hire	£37.10	£18.50
Sports hall 2 & 3 hire	£19.10	£9.60

* Gym orientation and exercise programme. Free for Fitness members.

Leisure for all

Concession, Student, and Scholars cards entitle holders to up to 50% off most pay-and-play activities. Activage cards allow free use of South Lanarkshire Leisure and Culture's indoor leisure facilities for South Lanarkshire residents aged 60 or over.

Contact Reception for an Application Form.