



ACE!

Cambuslang /
Rutherglen Area

Classes and Courses
2018-19

arts culture exercise



SOUTH LANARKSHIRE
Leisure & Culture

ACE - your pass to Arts, Culture and Exercise

Welcome to our new annual programme of ACE classes and courses for primary school aged and secondary school aged children. All of the ACE classes within this brochure can be accessed either on a pay as you go basis for each term or via the ACE membership scheme as outlined below.

This brochure covers all four main terms which take place in **Rutherglen** and surrounding areas. There are other brochures available for courses in other areas of South Lanarkshire i.e. **Clydesdale**, **East Kilbride** and **Hamilton** area.

All our timetables are subject to change and to availability. Please check our website www.sl-leisure.co.uk/ace-childrens-activities for updated timetables listing any new or amended courses which may be added/changed throughout the year.

ACE Membership Scheme

Our Membership brings together access to sports, culture and libraries. South Lanarkshire Leisure and Culture is delighted to offer a membership that gives under 16s unlimited access to **all** of the arts and sports courses and classes* listed in this brochure. Please note although not eligible for an ACE membership 16 and 17 years olds can access arts courses on a pay as you go basis.

As if this isn't enough, ACE members also get access to:

- 6 Golf Courses
- 9 Swimming Pools
- 19 Fitness Gyms
- Racquet Sports
- Fitness Classes
- East Kilbride Ice Rink
- Libraries
- Disability Arts and Sports Courses
- Calderglen Zoo
- Birthday party discount

(restrictions may apply)

**We are sure you will agree
this is ACE!**



**all this for only
£25.05**
per month.**

Membership Costs

This membership is available for primary school aged and secondary school aged children under 16, with a full price membership costing £25.05** per month.

Discounted memberships for the following are also available:

50% concession is available for Leisure for All cardholders (£12.50**)

20% discount for the siblings of one full paying child holding an ACE membership (£20.05**)

20% discount for a child holding a swimming lesson membership (£20.05**)

Please see our terms and conditions for more information.

You can get started with your membership at any of the local facilities listed at the back of the brochure or online at:

www.sllcmembership.co.uk/joinathome

www.slleisureandculture.co.uk/ace

Find us on social media



Find us on Facebook – [Children's Activities in South Lanarkshire](#)



Tweet [@SLLeisCulture](#)



[SLLeisCulture](#)



* All classes up to 2 hours included

** All prices subject to increase April 2019

Cambuslang / Rutherglen

ACE Courses/Classes Dates

Please note that unless otherwise stated the following term dates are applicable to all our regular classes and all courses will run on the same day/time each term.

Courses can be reserved or booked from the on-sale date given for each term either in person, by telephone or online at www.sllcbooking.co.uk/connect

Term 1

Monday 20 August – Sunday 14 October 2018

(excludes 21 and 24 September in some venues)

Automatic re-enrolment for term 2, Monday 1 October – Sunday 14 October 2018

Term 2

Monday 22 October – Sunday 16 December 2018

Automatic re-enrolment for term 3, Monday 3 December – Sunday 16 December 2018

Term 3

Monday 7 January – Sunday 31 March 2019

Automatic re-enrolment for term 4, Monday 11 March – Sunday 31 March 2019

Term 4

Monday 15 April – Sunday 30 June 2019

(excludes 19 and 22 April and 6, 24 and 27 May in some venues)

Automatic re-enrolment for term 1 2019/2020, Monday 17 June – Sunday 30 June 2019

Easter Programme 2019

1 April – 14 April 2019

Go live dates 19 February 2019

Summer Programme 2019

1 July – 18 August 2019

Go live dates 14 May 2019

How to rebook

Great news if you are an 'ACE' member we take care of rebooking courses for you, but please let us know if your child decides to no longer attend the course as we have waiting lists for many activities now. For our pay as you go customers – all you have to do is make a payment on the re-enrolment dates stated. If payment is not received within the timescales the booking will be cancelled and the space will be offered to the customers on the waiting lists.

How to book

For new customers please contact your local site for availability on our classes and courses.

Cambuslang Library

Cambuslang Gate 27 Main Street Cambuslang G72 7EX

Phone: 0141 584 2530 Email: cambuslang@library.s-lanark.org.uk

Tuesday

Minecraft

4 – 5pm

Ages 7 – 11years / P4-7 / Session

Games Club

5 – 6pm

Ages 5 – 11years / P1 – 7 / Primary /
Session

Cathkin Library

21 Lovat Place, Cathkin, Rutherglen, G73 5HS

Phone: 0141 634 1249 Email: libct@library.s-lanark.org.uk

Wednesday

Minecraft

3.30 – 4.30pm / Age 5 – 11 years / P1-7 / Session

Keep checking our
website for new
activities being
added throughout
the year



Fernhill Community Centre

12 Auchenlarie Drive, Glasgow, G73 4EQ

Phone: 0141 634 3158

Email: fernhillcommunitycentre@southlanarkshireleisure.co.uk

Monday

Drama

5 – 6pm
Age 5 – 7 years
P1-3 / Course
Westburn Hall

Drama

6 – 7pm
Age 8 – 12 years
P4-7 / Course
Westburn Hall

Urban Dance

5 – 6pm
Age 5 – 7 years
P1-3 / Course
Fernhill
Community Centre

Urban Dance

6 – 7pm
Age 8 – 12 years
P4-7 / Course
Fernhill
Community Centre

Tuesday

Adult and Child Arts and Crafts

4 – 5pm
Age 5 – 12 years / P1-7 / Course

Adult and Child Arts and Crafts

5 – 6pm
Age 5 – 12 years / P1-7 / Course

Wednesday

Snap Happy

4.30 – 5.30pm / Age 8 – 12 years / P4-7 / Course

Thursday

Guitar (Introduction)

4.30 – 5.30pm
Age 8 – 12 years / P4-7 / Course

Guitar (Introduction)

5.30 – 6.30pm
Age 8 – 12 years / P4-7 / Course

Friday

Gymnastics

4 – 5pm
Age 5 – 15 years / P1-S4
Course

Gymnastics

5 – 6pm
Age 5 – 15 years / P1-S4
Course

Gymnastics

6 – 7pm
Age 5 – 15 years / P1-S4
Course

Saturday

Drumming Circle

9 – 10am
Age 8 – 12 years / P4-7
Course

Drama

10 – 11am
Age 12– 17 years / S1-6
Course

Singing

11.15 – 12.15pm
Age 5 – 12 years / P1-7
Course

Halfway Library

211 Hamilton Road, Halfway G72 7PJ

Phone: 0141 641 2762

Email: libha@library.s-lanark.org.uk

Thursday

Minecraft

3.15 – 4.15 pm / Age 5 – 11 years / P1-7 / Session

Rutherglen Library

163 Main Street Rutherglen G73 2HB

Phone: 0141 634 1296

Email: rutherglen@library.s-lanark.org.uk

Tuesday

Kidz R us Club

3.30 – 4.30pm

Age 5 – 11 years / P1-7 / Sessions

Thursday

Minecraft

3.30 – 4.30pm

Age 5 – 11 years / P1-7 / Sessions

Rutherglen Town Hall

139 Main Street, Rutherglen G73 2JJ

Phone: 0141 613 5700

Email: rutherglentownhall2@southlanarkshireleisure.co.uk

Wednesday

Introduction to Guitar

4.30 – 5.30pm

Age 12 – 17 years / S1-4 / Course

Guitar Stage One / Two

5.30 – 6.30pm

Age 12 – 17 years / S1-4 / Course

Rutherglen Town Hall

139 Main Street, Rutherglen G73 2JJ

Phone: 0141 613 5700

Email: rutherglentownhall2@southlanarkshireleisure.co.uk

Thursday

Introduction to Guitar

4.30 – 5.30pm

Age 8 – 12 years / P4-7 /
Course

Drum Kit

4.30 – 5.30pm

Age 8 – 12 years / P4-7 /
Course

Come Along and Sing a Song

4.30 – 5.30pm / Age 5 – 12
years / P1-7 / Course

Drum Kit

5.30 – 6.30pm

Age 8 – 12 years / P4-7 /
Course

Stage One Guitar

5.30 – 6.30pm

Age 8 – 12 years / P4-7 /
Course

Come Along and Sing a Song

5.30 – 6.30pm

Age 5 – 12 years / P1-7 /
Course

Camera: Action Animate!

5.30 – 7pm

Age 8 – 12 years / P4-7 /
Session

Urban Dance

5.30 – 6.30pm

Age 5 – 7 years / P1-3 /
Course

Stage Two Guitar

6.30 – 7.30pm

Age 8 – 12 years / P4-7 /
Course

Drum Kit

6.45 – 7.45pm

Age 12 – 17 years / S1-4 /
Course

Urban Dance

6.30 – 7.30pm

Age 8 – 12 years / P4-7 /
Course

Camera: Action Film!

7.15 – 8.45pm

Age 12 – 17 years / S1-4 /
Course

Drum Kit

7.45 – 8.45pm

Age 12 – 17 years / S1-4 /
Course

Saturday

Arts and Crafts

9.30 – 10.30am

Age 5 – 7 years / P1-3
Course

Drama - In2act

10.45 – 11.45am

Age 5 – 7 years / P1-3
Course

Arts and Crafts

10.45 – 11.45am

Age 8 – 10 years / P4-7
Course

Drama - In2act

12 – 1pm

Age 8 – 12 years / P4-7
Course

Arts and Crafts

12 – 1pm

Age 10 – 12 years / P4-7
Course

South Lanarkshire Lifestyles Eastfield

101 Glenside Drive, Rutherglen G73 3LW

Phone: 0141 642 9500

Email: southlanarkshirelifestyles@southlanarkshireleisure.co.uk

Tuesday

Trampolining

6.15 – 7.15pm

Age 5 – 12 years / P1-7 / Course

Cathkin High School

Trampolining

7.15 – 8.15pm

Age 5 – 12 years / P1-7 / Course

Cathkin High School

Wednesday

Trampolining

6.15 – 7.15pm

Age 5 – 12 years / P1-7 /
Course

Cathkin High School

Trampolining

7.15 – 8.15pm

Age 5 – 12 years / P1-7 /
Course

Cathkin High School

Swim4Sport

6.20 – 7.00pm

Age 5 – 12 years / P1-S4
Course

Friday

Trampolining

6.15 – 7.15pm

Age 5 – 12 years / P1-S4 / Course

Cathkin High School

Trampolining

7.15 – 8.15pm

Age 5 – 12 years / P1-S4 / Course

Cathkin High School

Saturday

Athletics

10 – 11am

Age 5 – 12 years /
P1-7 / Course

Trinity High School

Duathlon

11 – 12 noon

Age 5 – 12 years /
P1-7 / Course

Trinity High School

Gymnastics

10 – 11am

Age 5 – 12 years /
P1-7 / Course

Springhall
Community Centre

Gymnastics

11 – 12 noon

Age 5 – 12 years /
P1-7 / Course

Springhall
Community Centre

Sunday

Triathlon

8 – 10am / Age 8 – 15 years / P4-S4 / Course

Stonelaw Community Sports Centre

Calderwood Road, Rutherglen G73 3SE – Phone: 0141 647 6779

Email: southlanarkshirelifestyles@southlanarkshireleisure.co.uk

Monday

Gymnastics

5 – 6pm
Age 5 – 7 years /
P1-3 / Course

Gymnastics

6 – 7pm
Age 8 – 12 years /
P4-7 / Course

Tennis

5.00 – 6.00pm
Age 5 – 8 years /
P1-4 / Course

Tennis

6.00 – 7.00pm
Age 8 – 15 years /
P4-S4 / Course

Tuesday

Games

5 – 6pm
Age 5 – 12 years / P1-7 / Course

Badminton

6 – 7pm
Age 8 – 15 years / P4-S4 / Course

Wednesday

Football

5 – 6pm
Age 5 – 7 years / P1-3 / Course

Football

6 – 7pm
Age 8 – 12 years / P4-7 / Course

Thursday

Athletics

5 – 6pm / Age 5 – 12 years / P1-7
Course

Friday

Basketball

4 – 5pm
Age 8 – 12 years / P4-7 / Course

Saturday

Super Soccer

10 – 11.30am
Age 5 – 12 years / P1-7 / Course

Super Soccer

11.30 – 1pm
Age 5 – 12 years / P1-7 / Course

Sunday

Super Soccer

10.30 – 12 noon / Age 5 – 12 years / P1-7 / Course

A-Z Course Descriptions - Cambuslang / Rutherglen

Adult and Child Arts and Crafts

For families this is a fun-filled arts course with everything from clay modelling, drawing and printmaking to painting with glitter!

Arts and Crafts

This is a fun-filled arts course with everything from clay modelling, drawing and printmaking to painting with glitter! The course is designed to develop the creativity, skills and interests of young people aged 5-11 years in a broad range of visual art, craft and design activities.



Athletics

Skill development activities in running jumping and throwing. For the older age group P6-7 they will work towards making the transition to the main clubs.

Badminton

These sessions will introduce and develop basic badminton skills through fun activity, skills practice and game play. Participants will develop their fitness, hand to eye co-ordination, agility and racquet skill.



Basketball

These sessions will introduce and develop basic basketball skills through fun activity, skills practice and playing games. Participants will develop their fitness, hand to eye co-ordination, agility, throwing and catching skills.

Camera: Action! Animate

Toys, vegetables, anything can be brought to life with animation! Think of Toy Story or CDDC's Ooglies. This animation workshop will show you how to make faces and extra bits and all you have to do is get some good ideas going with the other new animators. If you have a smallish (e.g. 10-15cm) toy you wish to animate, you can bring it along. You will also be shown how to create your own models.

Camera: Action! Film

Come along to work with your friends and our tutor to have fun making your own short film – scripting, shooting, editing and then adding animated titles and music – using our high definition camera for your final short film to show your friends and family! Participants can join up in any term and all films made will be released online at the end of each term.



Come Along and Sing a Song

A fun singing session for children of all abilities. No previous experience required

Dance (Urban Dance)

Come along and learn from a professional dance tutor, learn all the basics of street dance and build on your choreography skills. No prior dance experience is required just loads of energy and enthusiasm to be creative. A great weekly dance club for boys and girls with bags of energy!

Drama (Drama In2act)

Drama classes for children offering tuition with fun including improvisation, voice production and stage direction. Participation in drama helps develop children's self confidence, socialising skills, creativity and imagination.

Drum Kit

Want to play drums? Whether you are a beginner or just want to develop your playing further – this course is taught in small, friendly and relaxed groups – and its great fun! Once you've got the basics – it's up to you what direction you take it in, you can learn to play several different styles or simply focus on your favourites. Rock, Pop, Jazz, Funk, Latin – these are just a few of the styles we teach...there's something for everyone here – a double kick pedal for when you're hot – jazz brushes for when you are cool!

Drumming Circle

Learn the rhythms of Brazil and explore the different drums and hand held percussion group that form a samba band.

Duathlon

Developing skills within the 2 disciplines (run, cycle) bike safety and transition skills. Fun based sessions along with all the fitness benefits. Note: All participants must bring their own bike and safety hat. Parents must ensure the bike is safe to use by their child.



Football

These structured football sessions will include a warm up, skill development practices, and small sided games to develop the participants overall technical ability. This is also an ideal opportunity for players keen to get involved in a team sport and help them progress to/or with their school or local community football team.



Games

This activity introduces and strengthens the fundamental skills required for all sports; it concentrates on movement, hand eye co-ordination, striking and racquet skills. It is a fun activity that incorporates modified games.

Games Club

Sessions using traditional board games including Monopoly and Junior Scrabble to develop numeracy and literacy skills and traditional games like twister to develop motor skills

Guitar (introduction)

Your musical journey begins here - learn basic technique in a chilled environment with other budding guitar heroes! Whatever style you want to master or however far you want to take it – this is the best place to start. With small group tuition – you'll get enough personal guidance to make far more progress than you ever could with an instruction book or DVD – and you'll have a lot more fun!

Guitar (Stage 1)

Now you have begun – it's time to speed up your journey! This course will build upon what you already know and open up a whole world of exciting options to gradually develop your guitar playing skills and musical knowledge...with a growing ability and confidence comes more enjoyment



Guitar (Stage 2)

Whether you are a sing-along strummer or heading for Glastonbury, you will always find new techniques and approaches that will maximise your guitar playing. This is the course for those with a bit of playing experience who want to hone their skills. With expert tuition in small, friendly classes – you can really start to ramp up your guitar playing potential!

Gymnastics

This session will develop gymnastics skills incorporating floor work and apparatus. There will be a term based approach to delivery. Term 1 will be Scottish gymnastics badge work, Term 2 will be competition and term 3 will be display.



Kidz R us Club

A fun session with games, dancing and crafts

Minecraft

Explore, create and craft anything using Minecraft software. Encourages confidence building and social skills.

Singing

A fun singing session for children of all abilities. No previous experience required

SNAP Happy

SNAP Happy is designed for children to learn great new techniques available on digital cameras. They will experiment with depth of field, fast and slow shutter speeds, optical illusions and various types of composition. Children will gain a deeper understanding of their digital camera's functions, allowing their creativity to flourish as their technical knowledge and familiarity develops.

Super Soccer

These football sessions are based on specific skills with and without the ball. The session is split into four stations that can include various activities such as fast feet, shooting, dribbling, passing and team play through specific drills and free play.

Swim 4 Sport

Swim 4 Sport is a non-competitive swimming and fitness product for children who have graduated Swim Skills 4 (or who can swim 50m front and back crawl as well as showing deep water confidence). The session will work on stroke, technique, swim drills and stamina through distance swimming. An ideal class for those looking to gain extra swim practice, keep up their swimming techniques or generally maintain their fitness levels.

Tennis

Developing skills and awareness of the game.

Tramplining

Developing skills, techniques and routines. May work towards badge work.

Triathlon

Developing skills within the 3 disciplines (swim, bike, run) bike safety and transition skills. Fun based sessions along with all the fitness benefits. Note: All participants must bring their own bike and safety hat. Parents must ensure the bike is safe to use by their child.

ACE Golf

There are lots of golf opportunities to enjoy as part of the ACE membership:

- Play on all 6 SLLC golf courses (Biggar, Hollandbush, Larkhall, Langlands, Strathclyde Park and Torrance House). Play is unlimited up to 4pm each day however we ask that children under the age of 12 are accompanied by an adult after 4pm.
- Play on Brancumhall Pitch and Putt in East Kilbride. This is a seasonal facility and is open between April and September.
- Participate in Junior ClubGolf coaching with Hollandbush Golf Club for £1.50 per session (half price). ClubGolf is a 20 week/session fun introductory programme of coaching delivered by the resident golf club onsite at each course.
- Participate in Junior ClubGolf coaching with Torrance House Junior Academy. First 10 sessions free thereafter £2 per session.
- Practice for £1 sessions at Playsport Golf Centre in East Kilbride on Friday evenings between 5pm – 8pm.
- Half price balls at Strathclyde Park Golf Centre in Hamilton everyday between 4pm – 6pm.

Further indoor and outdoor coaching opportunities will be available throughout the year for ACE members. These will be advertised through our website and facebook pages, Golf in South Lanarkshire and Children's Activities In South Lanarkshire.



Useful contact numbers:

General golf enquiries – 01355 233451

Broadlees Golf Centre – 01357 300478

Playsport Golf Centre – 01355 575980

Strathclyde Park Golf Centre –
01698 285511

Hollandbush ClubGolf – 01555 893484

Torrance House ClubGolf - 07539227956

South Lanarkshire Leisure and Culture Limited

Children's Activities – Booking Terms and Conditions and Fair use rules

- All courses, classes and sessions must be pre-booked and paid in full (unless stated otherwise) prior to the commencement of each course, class or session.
- Reduced rates are available for holders of a current SLLC 'Leisure for all' concession card. Please ensure your concession card is valid to beyond the start date of your chosen activity at the time of booking. Further information on eligibility can be found on the website or by calling 01698 476262.
- Payments cannot be refunded except in circumstances where the course, class or session has been cancelled.
- If you fail to attend 2 weeks or more consecutively without notifying the site directly then your booking will be cancelled and you will be not be automatically re enrolled onto the following course
- If you fail to give 4 hours notice of cancellation or do not turn up for a pre-booked ACE class, you will not receive a refund for the lost booking. ACE members will be charged a £2.00 cancellation fee.
- SLLC reserve the right to cancel/alter/relocate sessions without notice and will run subject to minimum numbers. In the event of an activity being cancelled we will take reasonable steps to notify participants. SLLC will not be held responsible for any travel, accommodation or other ancillary costs incurred by the participant.
- Class Usage – To ensure your child/children have an enjoyable experience of their ACE class/activity they may only attend classes which are at an appropriate level for their age and or skill/ability level.
- Where participation is dependent on skill/ability levels, SLLC staff will provide advice and guidance on the most suitable class/activity for your child/children.
- Participants agree to abide by SLLC's Management Rules at all times. These are available to customers on request and/or are displayed within facilities and venues.
- SLLC cannot be held responsible for injury or loss of belongings sustained whilst participating in any course or session.
- The unauthorised use of photographic and/or recording equipment is strictly prohibited.

Fair use rules

- Participants are not permitted to attend consecutive classes in the same activity for example, attend 2 consecutive gymnastic classes, however they are permitted to attend consecutive classes in different activities e.g. attend a guitar class followed by a drama class.
- To ensure children receive the best experience from their ACE membership, SLLC encourages parents to, where possible, not book children into multiple activities in the one day.

Medical Information

- Please provide details of any medical conditions that we would need to be aware of. Providing this information enables SLLC to provide the best service and/or adapt classes to support the needs of the child/children.
- Customers returning through auto re-enrolment should inform reception staff of any changes to personal details including medical information to ensure records are kept up to date.

Venues in Rutherglen/Cambuslang Area

Cambuslang Library

Cambuslang Gate
27 Main Street
Cambuslang G72 7EX
Phone: 0141 584 2530

Cathkin Library

21 Lovat Place
Rutherglen G73 5HS
Phone: 0141 634 1249

Fernhill Community Centre

12 Auchenlarie Drive
Fernhill
Glasgow G73 4EQ
Phone: 0141 634 2158

Halfway Library

211 Hamilton Road
Glasgow G72 7PJ
Phone: 0141 641 2762

Rutherglen Library

163 Main Street
Rutherglen G73 2HB
Phone: 0141 613 5380

Rutherglen Town Hall

139 Main Street
Rutherglen G73 2JJ
Phone: 0141 613 5700

S L Lifestyles Eastfield

101 Glenside Drive
Rutherglen G73 3LW
Phone: 0141 642 9500

Stonelaw Community Sports Centre

Calderwood Road
Rutherglen G73 3SE
Phone: 0141 647 6779

If you need this information in another language or format, please contact us to discuss how we can best meet your needs.

Phone: **01698 476262** Text phone: **18001 01698 476262**

Email: customer.services@southlanarkshireleisure.co.uk

www.slleisureandculture.co.uk

ACE membership for P1 - S4



Your passport to
Arts, Culture and Exercise

and it just got better!



Launching
August 2018

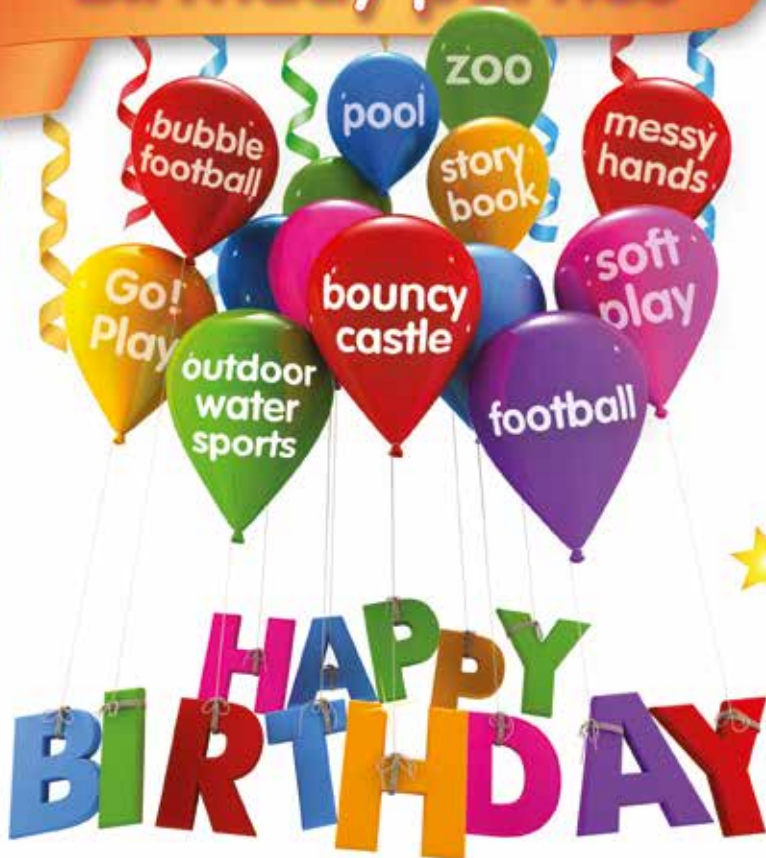
Tiny ACE membership
from birth to pre-school

www.slleisureandculture.co.uk

South Lanarkshire Leisure and Culture Ltd is a recognised Scottish Charity, No. SC032549

South Lanarkshire Leisure and Culture

Birthday parties



South Lanarkshire Leisure and Culture offers a fantastic range of themed birthday party packages.

For more information, booking and ACE members discount, visit our website or contact one of our venues.



Discount available.



SOUTH LANARKSHIRE
Leisure & Culture

www.slleisureandculture.co.uk

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