

# ACE!

Hamilton Area

Classes and Courses  
2018-19

arts culture exercise



SOUTH LANARKSHIRE  
Leisure & Culture

# ACE - your pass to Arts, Culture and Exercise

Welcome to our new annual programme of ACE classes and courses for primary school aged and secondary school aged children. All of the ACE classes within this brochure can be accessed either on a pay as you go basis for each term or via the ACE membership scheme as outlined below.

This brochure covers all four main terms which take place in **Hamilton** and surrounding areas. There are other brochures available for courses in other areas of South Lanarkshire i.e. **Clydesdale**, **East Kilbride** and **Rutherglen** area.

All our timetables are subject to change and to availability. Please check our website [www.sl-leisure.co.uk/ace-childrens-activities](http://www.sl-leisure.co.uk/ace-childrens-activities) for updated timetables listing any new or amended courses which may be added/changed throughout the year.

## ACE Membership Scheme

Our Membership brings together access to sports, culture and libraries. South Lanarkshire Leisure and Culture is delighted to offer a membership that gives under 16s unlimited access to **all** of the arts and sports courses and classes\* listed in this brochure. Please note although not eligible for an ACE membership 16 and 17 years olds can access arts courses on a pay as you go basis.

As if this isn't enough, ACE members also get access to:

- 6 Golf Courses
- 9 Swimming Pools
- 19 Fitness Gyms
- Racquet Sports
- Fitness Classes
- East Kilbride Ice Rink
- Libraries
- Disability Arts and Sports Courses
- Calderglen Zoo
- Birthday party discount

(restrictions may apply)

**We are sure you will agree  
this is ACE!**



**all this for only  
£25.05\*\*  
per month.**

## Membership Costs

This membership is available for primary school aged and secondary school aged children under 16, with a full price membership costing £25.05\*\* per month.

Discounted memberships for the following are also available:

50% concession is available for Leisure for All cardholders (£12.50\*\*)

20% discount for the siblings of one full paying child holding an ACE membership (£20.05\*\*)

20% discount for a child holding a swimming lesson membership (£20.05\*\*)

Please see our terms and conditions for more information.

You can get started with your membership at any of the local facilities listed at the back of the brochure or online at:

[www.sllcmembership.co.uk/joinathome](http://www.sllcmembership.co.uk/joinathome)

[www.slleisureandculture.co.uk/ace](http://www.slleisureandculture.co.uk/ace)

## Find us on social media



Find us on Facebook – [Children's Activities in South Lanarkshire](#)



Tweet [@SLLeisCulture](#)



[SLLeisCulture](#)



\* All classes up to 2 hours included

\*\* All prices subject to increase April 2019

## ACE Courses/Classes Dates

Please note that unless otherwise stated the following term dates are applicable to all our regular classes and all courses will run on the same day/time each term.

Courses can be reserved or booked from the on-sale date given for each term either in person, by telephone or online at [www.sllcbooking.co.uk/connect](http://www.sllcbooking.co.uk/connect)

### Term 1

**Monday 20 August – Sunday 14 October 2018**

(excludes 21 and 24 September in some venues)

Automatic re-enrolment for term 2, Monday 1 October – Sunday 14 October 2018

### Term 2

**Monday 22 October – Sunday 16 December 2018**

Automatic re-enrolment for term 3, Monday 3 December – Sunday 16 December 2018

### Term 3

**Monday 7 January – Sunday 31 March 2019**

Automatic re-enrolment for term 4, Monday 11 March – Sunday 31 March 2019

### Term 4

**Monday 15 April – Sunday 30 June 2019**

(excludes 19 and 22 April and 6, 24 and 27 May in some venues)

Automatic re-enrolment for term 1 2019/2020, Monday 17 June – Sunday 30 June 2019

### Easter Programme 2019

**1 April – 14 April 2019**

Go live dates 19 February 2019

### Summer Programme 2019

**1 July – 18 August 2019**

Go live dates 14 May 2019

## How to rebook

Great news if you are an 'ACE' member we take care of rebooking courses for you, but please let us know if your child decides to no longer attend the course as we have waiting lists for many activities now. For our pay as you go customers – all you have to do is make a payment on the re-enrolment dates stated. If payment is not received within the timescales the booking will be cancelled and the space will be offered to the customers on the waiting lists.

## How to book

For new customers please contact your local site for availability on our classes and courses.

# Blantyre Leisure Centre

Glasgow Road, Blantyre, G72 0JS – Phone: 01698 727800

Email: [Blantyreleisurecentre@southlanarkshireleisure.co.uk](mailto:Blantyreleisurecentre@southlanarkshireleisure.co.uk)

## Monday

### Gymnastics

5 – 5.55pm  
Age 5 – 7 years / P1–3  
Course

### Gymnastics

6 – 6.55pm  
Age 7 – 9 years / P3–5  
Course

### Gymnastics

7 – 7.55pm  
Age 9 – 12 years / P5–7  
Course

## Tuesday

### Bouncing Higher

3.45 – 4.45pm  
Age 5 – 15 years / P1–S4  
Course

### Bouncing Higher

4.45 – 5.45pm  
Age 5 – 15 years / P1–S4  
Course

### Disability Pre-Club Swimming

6 – 7pm / Pre club level  
required / Course

## Wednesday

### Football

5 – 5.55pm  
Age 5 – 12 years / P1–7 / Course

### Netball

6 – 7pm  
Age 8 – 12 years / P4–7 / Course

## Thursday

### Athletics

4 – 5pm  
Age 5 – 12 years / P1–7 / Course

### Athletics

5 – 6pm  
Age 12 – 17 years / S1–6 / Course

## Friday

### Gymnastics

4 – 5pm  
Age 5 – 7 years / P1–3  
Course

### Gymnastics

5 – 6 pm  
Age 7 - 9 years / P3-5  
Course

### Gymnastics

6 – 7 pm  
Age 9 -12 years / P5-7  
Course

## Saturday

### Disability Gymnastics

12.15 – 1.15pm / Age 5 – 14 years / P1–S3 / Session

## Blantyre Library

1A Glasgow Road, Blantyre, G72 0QD

Phone: 01698 823808 Email: [blantyre@library.s-lanark.org.uk](mailto:blantyre@library.s-lanark.org.uk)

**Tuesday**

### Games Club

3.30 – 4.30pm / Age 5 – 11 years / P1–7 / Session

## Bothwell Library

1 Main Street, Bothwell, G71 8RG

Phone: 01698 853150 Email: [bothwell@library.s-lanark.org.uk](mailto:bothwell@library.s-lanark.org.uk)

**Tuesday**

### Minecraft

3.30 – 4.30pm / Age 5 – 10 years / P1–6 / Session

Keep checking our  
website for new  
activities being added  
throughout the year



# South Lanarkshire Lifestyles Fairhill

Neilsland Road, Fairhill, Hamilton, ML3 8HJ

Phone: 01698 456350 Email: [Fairhill@southlanarkshireleisure.co.uk](mailto:Fairhill@southlanarkshireleisure.co.uk)

## Monday

### Digital Club

3.30 – 4.30pm

Age 5 – 10 years / P1–6  
Session

### Athletics

4.45 – 5.30pm

Age 5 – 12 years / P1–7  
Course

### Athletics

5.30 – 6.15pm

Age 5 – 12 years / P1–7  
Course

### Drumkit

5 – 6pm

Age 8 – 12 years / P4–7  
Course

### Drumkit

6 – 7pm

Age 8 – 12 years / P4–7  
Course

### Drumkit

7 – 8pm

Age 12 – 17 years / S1–6  
Course

## Tuesday

### Guitar

4.30 – 5.30pm

Age 8 – 12 years / P4–7  
Course

### Guitar

5.30 – 6.30pm

Age 8 – 12 years / P4–7  
Course

### Guitar

6.30 – 7.30pm

Age 12 – 17 years / S1–6  
Course

## Wednesday

### Singing

4 – 4.45pm

Age 5 – 7 years / P1–3 / Course

### Singing

4.45 – 5.45pm

Age 8 – 12 years / P4–7 / Course

## Tuesday

### Urban Dance

4 – 4.45pm

Age 5 – 7 years / P1–3  
Course

### Urban Dance

4.45 – 5.45pm

Age 8 – 12 years / P4–7  
Course

### Lego and Games Club

3.30 – 4.30pm

Age 5 – 10 years / P1–6  
Session

## Saturday

### Drama

11 – 12 noon

Age 5 – 7 years / P1–3 / Course

### Drama

12 – 1pm

Age 8 – 12 years / P4–7 / Course

# Hamilton Palace Sports Ground

Motehill, Hamilton, ML3 6BY

Phone: 01698 424101 Email: [outdoor\\_recreation@southlanarkshire.gov.uk](mailto:outdoor_recreation@southlanarkshire.gov.uk)

## Monday

### Fencing

5 – 6pm

Age 8 – 12 years / P4–7 / Course

### Dodgeball

5 – 6pm

Age 5 – 12 years / P1–7 / Course

## Tuesday

### Football

4 – 5pm

Age 5 – 8 years / P1–4 / Course

### Football

5 – 6pm

Age 9 – 12 years / P5–7 / Course

## Wednesday

### Athletics

4 – 5pm

Age 5 – 12 years / P1–7  
Course

### Athletics

5 – 6pm

Age 5 – 12 years / P1–7  
Course

### Tennis

4 – 5pm

Age 5 – 8 years / P1–4  
Course

### Tennis

5 – 6pm

Age 5 – 8 years / P1–4  
Course

### Tennis

6 – 7pm

Age 9 – 14 years / P5–S2  
Course

Check out the range  
of children and  
family shows we  
have throughout the  
year in our venues



## Thursday

### Tennis

4 – 5pm

Age 5 – 8 years / P1–4  
Course

### Tennis

5 – 6pm

Age 5 – 8 years / P1–4  
Course

### Tennis

6 – 7pm

Age 9 – 14 years / P5–S2  
Course

## Saturday

### Super Soccer

9.15 – 10.15am

Age 5 – 6 years / P1–2  
Course

### Super Soccer

10.30 – 11.30am

Age 7 – 9 years / P3–5  
Course

### Super Soccer

11.45 – 12.45pm

Age 10 – 12 years / P6–7  
Course

## Sunday

### Duathlon

9 – 11am / Age 7 – 12 years / P3–7 / Course

**Tennis and Dodgeball only on Term 1 and 4**



# The Town House

102 Cadzow Street, Hamilton, ML3 6HH

Phone: 01698 452299 Email: [thetownhouse@southlanarkshireleisure.co.uk](mailto:thetownhouse@southlanarkshireleisure.co.uk)

## Tuesday

### Drum Kit

4 – 5pm

Age 8 – 12 years / P4–7  
Course

### Drum Kit

5 – 6pm

Age 8 – 12 years / P4–7  
Course

### Introduction to Ceramics

4 – 5pm

Age 5 – 7 years / P1–3  
Course

### Introduction to Ceramics

5.30 – 6.30pm

Age 8 – 12 years / P4–7  
Course

### Drum Kit

6 – 7pm

Age 12 – 17 years / S1–4  
Course

### Drum Kit

7.15 – 8.15pm

Age 12 – 17 years / S1–4  
Course

## Thursday

### Larger Ling weenies

3.30 – 4.30pm

Age 5 – 12 years  
P1–7 / Course

Town house library:  
Check site for dates

### Guitar (Introduction)

4.30 – 5.30pm

Age 8 – 12 years  
P4–7 / Course

### Drum Kit

4.30 – 5.30pm

Age 8 – 12 years  
P4–7 / Course

### Introduction to Ceramics

4.30 – 5.30pm

Age 13 – 17 years  
S1–4 / Course

### Guitar (Introduction)

5.30 – 6.30pm

Age 8 – 12 years  
P4–7 / Course

### Drum Kit

5.30 – 6.30pm

Age 8 – 12 years  
P4–7 / Course

### Drum Kit

6.45 – 7.45pm

Age 12 – 17 years  
S1–4 / Course

### Drum Kit

7.45 – 8.45pm

Age 12 – 17 years  
S1–4 / Course

### Keyboards (Introduction)

6.45 – 7.45pm

Age 12 – 17 years  
S1–4 / Course

### Keyboards (Stage One)

7.45 – 8.45pm

Age 12 – 17 years  
S1–4 / Course

## Friday

### code:r00m

3.30 – 4.30pm / Age 7 – 12 years / P3–7  
Course / Town house library: Check site for dates

### 3D Pioneers Designers

3.30 – 4.30pm / Age 7 – 12 years / P3–7  
Course / Town house library: Check site for dates

## Saturday

### Arts and Crafts

9.30 – 10.30am

Age 5 – 7 years / P1–3

Course

### Introduction to Guitar

10 – 11am

Age 8 – 12 years / P4–7

Course

### Keyboards

#### (Introduction)

10 – 11am

Age 8 – 12 years / P4–7

Course

### Introduction to Ceramics

10 – 11am

Age 8 – 12 years / P4–7

Course

### Drama – In2act

11 – 12 noon

Age 5 – 7 years / P1–3

Course

### Arts and Crafts

10.45 – 11.45am

Age 8 – 12 years / P4–7

Course

### Keyboards (Stage One)

11 – 12 noon

Age 8 – 12 years / P4–7

Course

### Guitar (Introduction)

11 – 12 noon

Age 12 – 17 years / S1–4

Course

### Camera: Action Film!

11.30 – 1pm

Age 8 – 12 years / P4–7

Course

### Intermediate Ceramics

11.30 – 12.30pm

Age 8 – 12 years / P4–7

Course

### Keyboards (Stage Two)

12 – 1pm

Age 8 – 12 years / P4–7

Course

### Arts and Crafts

12 – 1pm

Age 8 – 12 years / P4–7

Course

### Drama – In2act

12 – 1pm

Age 8 – 12 years / P4–7

Course

### Guitar (Stage One)

12.30 – 1.30pm

Age 8 – 12 years / P4–7

Course

### Teen Ceramics

1 – 2pm

Age 13 – 17 years / S1–4

Course

### Arts and Crafts

1.15 – 2.15pm

Age 8 – 12 years / P4–7

Course

### Keyboards (Introduction)

1.30 – 2.30pm

Age 8 – 12 years / P4–7

Course

### Camera: Action Animate!

1.30 – 3pm

Age 8 – 12 years / P4–7

Course

### Guitar (Stage One)

1.30 – 2.30pm

Age 12 – 17 years / S1–4

Course

### Keyboards (Stage One)

2.30 – 3.30pm

Age 8 – 12 years / P4–7

Course

### Guitar (Stage Two)

3 – 4pm

Age 8 – 12 years / P4–7

Course

### Camera: Action Animate!

3.15 – 4.45pm

Age 8 – 12 years / P4–7

Course

### Guitar (Stage Two)

4 – 5pm

Age 12 – 17 years / S1–4

Course

# Hamilton Water Palace

35 Almada Street, Hamilton, ML3 0HQ

Phone: 01698 459950 Email: [waterpalace@southlanarkshireleisure.co.uk](mailto:waterpalace@southlanarkshireleisure.co.uk)

## Wednesday

### Basketball\*

6 – 7pm

Age 5 – 11 years / P1–6 / Session

\*Hamilton Grammar School

### Basketball\*

7 – 8pm

Age 12 – 15 years / P7–S4 / Session

\*Hamilton Grammar School

# Jock Stein Centre

Hillhouse Road, Hamilton, ML3 9TU – Phone: (01698) 828488

Email: [jocksteincentre@southlanarkshireleisure.co.uk](mailto:jocksteincentre@southlanarkshireleisure.co.uk)

## Monday

### Basketball

4 – 5pm

Age 5 – 9 years / P1–4 / Course

### Basketball

5 – 6pm

Age 10 – 16 years / P5–S4 / Course

## Tuesday

### Games

5.15 – 6.15pm

Age 5 – 15 years / P1–S4

Course

### Games

6.15 – 7.15pm

Age 5 – 15 years / P1–S4

Course

### Games

7.15 – 8.15pm

Age 5 – 15 years / P1–S4

Course

## Thursday

### Dance

3.30 – 4.30pm

Age 5 – 12 years

P1–7 / Course

### Dodgeball

3.45 – 4.45pm

Age 8 – 12 years

P4–7 / Course

### Dance

4.30 – 5.30pm

Age 12 – 16 years

S1–4 / Course

### Games

4.45 – 5.45pm

Age 5 – 12 years

P1–7 / Course

## Saturday

### Basketball

9.30 – 10.30pm

Age 5 – 15 years / P1–4

Course

### Basketball

10.30 – 11.30am

Age 5 – 15 years / P1–S4

Course

### Disability Basketball

11.30 – 12.30pm

All ages

Course

# Jock Stein Centre

Hillhouse Road, Hamilton, ML3 9TU – Phone: (01698) 828488

Email: [jocksteincentre@southlanarkshireleisure.co.uk](mailto:jocksteincentre@southlanarkshireleisure.co.uk)

## Sunday

### Badminton

9.30 – 10.30pm

Age 5 – 7 years / P1–3  
Course

### Trampoline

9.30 – 10.30pm

Age 5 – 12 years / P1–7  
Course

### Badminton

10.30 – 11.30pm

Age 8 – 12 years / P4–7  
Course

### Trampoline

10.30 – 11.30pm

Age 5 – 12 years / P1–7  
Course

### Athletics

11.30 – 12.30pm

Age 5 – 12 years / P1–7  
Course

### Trampoline

11.30 – 12.30pm

Age 5 – 12 years / P1–7  
Course

### Athletics

12.30 – 1.30pm

Age 5 – 12 years / P1–7  
Course

### Duathlon

1.30 – 2.30pm

Age 5 – 12 years / P1–7  
Course

### Duathlon

2.30 – 3.30pm

Age 5 – 12 years / P1–7  
Course

# Larkhall Library

30 Union Street, Larkhall, ML9 1DR

Phone: 01698 452469 Email: [larkhall@library.s-lanark.org.uk](mailto:larkhall@library.s-lanark.org.uk)

## Monday

### Lego Club

3.30 – 4.30pm / Age 5 – 12 years / P1–7 / Session

## Tuesday

### Minecraft

3.30 – 4.30pm

Age 5 – 11 years / P1–7 /  
Session

### Spy Quest

3.30 – 4.30pm

Age 9 – 11 years / P5–7 /  
Session  
28/08/18 – 9/10/18

### Coding Club

3.30 – 4.30pm

Age 9 – 11 years / P5–7 /  
Session  
23/10/18 – 27/11/18

### Coding Club

3.30 – 4.30pm

Age 9 – 11 years / P5–7 /  
Session  
15/01/19 - 26/03/19

### Spy Quest

3.30 – 4.30pm

Age 9 – 11 years / P5–7 /  
Session  
16/04/19 – 25/6/19

# Larkhall Leisure Centre

Broomhill Road, Larkhall, ML9 1QP – Phone: 01698 881742

Email: [larkhallsports@southlanarkshireleisure.co.uk](mailto:larkhallsports@southlanarkshireleisure.co.uk)

# Harleeshill Sports Barn

Donaldson Road, Larkhall, ML9 2SS – Phone: 01698 887917

Email: [larkhallsports@southlanarkshireleisure.co.uk](mailto:larkhallsports@southlanarkshireleisure.co.uk)

## Monday

### Football

4 – 5pm / Age 5 – 8 years  
P1–4 / Course

### Football

5 – 6pm / Age 8 – 12 years  
P4–7 / Course

### Football

6 – 7pm / Age 12 – 15 years  
S1–4 / Course

### Drama

4 – 5pm / Age 5 – 7 years  
P1–7 / Course

### Drama

5 – 6pm / Age 8 – 12 years  
P4–7 / Course

### Trampoline

4 – 5pm / Age 5 – 12 years  
P1–7 / Course / Hareleeshill

### Trampoline

5 – 6pm / Age 5 – 12 years  
P1–7 / Course / Hareleeshill

### Trampoline

6 – 7pm / Age 5 – 12 years  
P1–7 / Course / Hareleeshill

### Trampoline

7 – 8pm / Age 5 – 12 years  
P1–7 / Course / Hareleeshill

## Tuesday

### Athletics

4 – 5pm / Age 5 – 12 years / P1–7 / Course

### Playzone

5 – 6pm / Age 5 – 12 years / P1–7 / Course

## Wednesday

### Basketball

4.15 – 5.15pm  
Age 5 – 12 years / P1–7  
Course

### Gymnastics

5.30 – 6.30pm  
Age 5 – 12 years / P1–7  
Course

### Gymnastics

6.30 – 7.30pm  
Age 5 – 12 years / P1–7  
Course

## Thursday

### Athletics

4 – 5pm / Age 5 – 12 years / P1–7 / Course

### Playzone

5 – 6pm / Age 5 – 12 years / P1–7 / Course

## Friday

### Guitar

4 – 5pm  
Age 8 – 12 years / P4–7 / Course

## Sunday

### Triathlon

11.30 – 1.30pm  
Age 5 – 12 years / P1–7 / Course

## South Lanarkshire Lifestyles Stonehouse

2 Udston Mill Road, Stonehouse, ML9 3JL – Phone: 01698 794380

Email: [stonehouselifestyles@southlanarkshireleisure.co.uk](mailto:stonehouselifestyles@southlanarkshireleisure.co.uk)

Email: [stonehouse@library.s-lanark.org.uk](mailto:stonehouse@library.s-lanark.org.uk)

### Thursday

#### Minecraft

3.30 – 4.30pm

Age 5 – 11 years / P1–7 / Session

### Friday

#### Lego Club

3.30 – 4.30pm

Age 5 – 11 years / P1–7 / Session

### Saturday

#### Arts and Crafts

10 – 11am

Age 5 – 11 years / P1–3 / Course

#### Arts and Crafts

11.15 – 12.15pm

Age 8 – 12 years / P4–7 / Course

## Uddingston Library

51 Bellshill Road, Uddingston, G71 7PA

Phone: 01698 813431 Email: [uddingston@library.s-lanark.org.uk](mailto:uddingston@library.s-lanark.org.uk)

### Thursday

#### Minecraft

3.30 – 4.30pm

Age 5 – 10 years / P1–6 / Session

### Friday

#### Lego Club

3.30 – 4.30pm

Age 5 – 10 years / P1–6 / Session

## Whitehill Neighbourhood Centre

9 Hunter Road, Whitehill, Hamilton, ML3 0LH

Phone: 01698 477622

### Monday

#### SNAP Happy

4.30 – 5.30pm

Age 8 – 12 years / P4–7 / Course

#### Camera: Action Animate

5.30 – 7pm

Age 8 – 12 years / P4–7 / Course

# A-Z Course descriptions – Hamilton

## Arts and Crafts

This is a fun-filled arts course with everything from clay modelling, drawing and printmaking to painting with glitter! The course is designed to develop the creativity, skills and interests of young people aged 5-11 years in a broad range of visual art, craft and design activities.



## Athletics

Skill development activities in running jumping and throwing. For the older age group P6-7 they will work towards making the transition to the main clubs.

## Badminton

These sessions will introduce and develop basic badminton skills through fun activity, skills practice and game play. Participants will develop their fitness, hand to eye co-ordination, agility and racquet skill.

## Basketball

These sessions will introduce and develop basic basketball skills through fun activity, skills practice and playing games. Participants will develop their fitness, hand to eye co-ordination, agility, throwing and catching skills.

## Bouncing Higher

This class is a new product which will improve the customer trampoline experience by assuring children are physically active throughout the whole session. By introducing core strength elements (through fun games) trampette and existing traditional trampoline element children will develop skills and ultimately strength to bounce higher.

## Camera: Action Animate!

Toys, vegetables, anything can be brought to life with animation! Think of Toy Story or CDDC's Ooglies. This animation

workshop will show you how to make faces and extra bits and all you have to do is get some good ideas going with the other new animators. If you have a smallish (e.g. 10-15cm) toy you wish to animate, you can bring it along. You will also be shown how to create your own models.





## Camera: Action Film!

Come along to work with your friends and our tutor to have fun making your own short film – scripting, shooting, editing and then adding animated titles and music – using our high definition camera for your final short film to show your friends and family! Participants can join up in any term and all films made will be released online at the end of each term.

## Ceramics (Introduction)

This course will teach all the fundamental skills to kick off your creative journey with clay! You will learn techniques such as slab building, pinch pots, surface decoration, glazing, coil building and throwing on the potter's wheel to name but a few!

## Ceramics (Teen)

Carry on your clay journey! For teenagers who have previously attended the introduction and intermediate/advanced classes.

## Coding Club

Coding is what makes games, websites and applications possible. The apps on your phone and the games on your console are all made with code. Coding club is for those who want to make their own games and other cool fun stuff. You don't need to be a computer expert, if you know how to use a mouse and a keyboard and can read that's all you need.

## Dance

A fun session focussing on basic dance technique and movement, developing skills and building routines.



## Dance (Urban Dance)

Come along and learn from a professional dance tutor, learn all the basics of street dance and build on your choreography skills. No prior dance experience is required just loads of energy and enthusiasm to be creative. A great weekly dance club for boys and girls with bags of energy!

## Digital Club

All sessions computer based. The club is run in blocks of coding, spyquest, 3 'D' printing or games. A great and fun way to learn from each other.

## Disability Gymnastics

This session will develop movement and balance skills involved in gymnastics through a variety of floor work and apparatus. It is open to all abilities whether new to gymnastics or with some previous experience. The session is designed for those with a physical, learning or sensory disability.

## Dodgeball

This activity will cover basic hand eye coordination, various movement patterns and the game of dodge ball extreme in teams.

## Drama

Drama classes for children offering tuition with fun including improvisation, voice production and stage direction. Participation in drama helps develop children's self confidence, socialising skills, creativity and imagination.

## Drama (In2act)

In2act is a drama/theatre project for children aged between 5-7 years. Participants in both age groups will enjoy having some fun, meeting new friends and learning new drama and theatre skills with our experienced drama tutors. Participation in drama workshops helps develop children's self confidence, creativity and imagination – plus, its lots and lots of fun!

## Drum Kit

Want to play drums? Whether you are a beginner or just want to develop your playing further – this course is taught in small, friendly and relaxed groups – and its great fun! Once you've got the basics – it's up to you what direction you take it in, you can learn to play several different styles or simply focus on your favourites. Rock, Pop, Jazz, Funk, Latin – these are just a few of the styles we teach...there's something for everyone here – a double kick pedal for when you're hot – jazz brushes for when you are cool!



## Duathlon

Developing skills within the 2 disciplines (run, cycle) bike safety and transition skills. Fun based sessions along with all the fitness benefits. Note: All participants must bring their own bike and safety hat. Parents must ensure the bike is safe to use by their child.



## Fencing

Fencing for 8-12 year olds.  
Introduction to Fencing - Learn basic footwork, sword work and sparring.

## Football

These structured football sessions will include a warm up, skill development practices, and small sided games to develop the participants overall technical ability. This is also an ideal opportunity for players keen to get involved in a team sport and help them progress to/or with their school or local community football team.



## Games

This activity introduces and strengthens the fundamental skills required for all sports; it concentrates on movement, hand eye co-ordination, striking and racquet skills. It is a fun activity that incorporates modified games.

## Games Club

Come along and have fun playing the games you love. Learn new games, meet new people and make new friends

## Guitar (introduction)

Your musical journey begins here - learn basic technique in a chilled environment with other budding guitar heroes! Whatever style you want to master or however far you want to take it – this is the best place to start. With small group tuition – you'll get enough personal guidance to make far more progress than you ever could with an instruction book or DVD – and you'll have a lot more fun!



## Guitar (Stage 1)

Now you have begun – it's time to speed up your journey! This course will build upon what you already know and open up a whole world of exciting options to gradually develop your guitar playing skills and musical knowledge...with a growing ability and confidence comes more enjoyment.

## Guitar (Stage 2)

Whether you are a sing-along strummer or heading for Glastonbury, you will always find new techniques and approaches that will maximise your guitar playing. This is the course for those with a bit of playing experience who want to hone their skills. With expert tuition in small, friendly classes – you can really start to ramp up your guitar playing potential!

## Gymnastics

This session will develop gymnastics skills incorporating floor work and apparatus. There will be a term based approach to delivery. Term 1 will be Scottish gymnastics badge work, Term 2 will be competition and term 3 will be display.



## Keyboards (Introduction)

This course covers all the basics, so you can learn to play completely from scratch! Everything from posture, playing height and preparation to stave and structure is covered in a relevant and relaxed atmosphere. On completion, you will be able to read and play music from at least one stave; have a firm grasp on basic theory and good all round understanding of how to play the 'keys'!

## Keyboards (Stage 1)

Stage 1 takes everything you learned in the introduction that little bit further! The music is a little more complicated and more emphasis is placed on left hand playing. Some creative work is encouraged with more use of improvisation and group playing. By the end of Stage 1, you can expect to have developed your prior knowledge and skills further and to have started learning more about keyboard harmony.

## Keyboards (Stage 2)

By this stage you will have gained the skills and knowledge necessary to have more freedom to express yourself creatively on the keys. Your progress will still be supported by improvisation, solo and group work but the concepts of harmony and practical musicianship will be developed further. As with the preceding stages your musical development will be tailored as much as possible to meet individual needs whilst ensuring the classes remain fun!

## Lego Club

Fun sessions to develop your child's fine motor skills, numeracy and literacy skills as they create imaginative stories using Lego.

## Minecraft

Explore, create and craft anything using Minecraft software. Encourages confidence building and social skills.

## Netball

The sessions will concentrate on the skills required for netball. Using Netball Scotland's Fun5z structure this will allow us to take into account the age, maturity and skill level of the young players, ensuring each individual learns through a fun and enjoyable environment. This is an ideal starting point for our young players, helping them progress to or with their school teams and eventually junior clubs.

## Playzone

Working with children aged 5-12 years (attending primary school). This is a great opportunity for children and we will ensure they receive a full play experience by following the Play Principles and incorporating all play types.

## Singing

A fun singing session for children of all abilities. No previous experience required.

## SNAP Happy

SNAP Happy is designed for children to learn great new techniques available on digital cameras. They will experiment with depth of field, fast and slow shutter speeds, optical illusions and various types of composition. Children will gain a deeper understanding of their digital camera's functions, allowing their creativity to flourish as their technical knowledge and familiarity develops.

## Spy Quest

Want to be a secret agent? Do you accept the mission? Come along to spy quest clubs, using IT find out your agent name, password and the mystery to solve. Each session comprises of five missions and at the end of each session you'll receive a certificate.

## Super Soccer

These football sessions are based on specific skills with and without the ball. The session is split into four stations that can include various activities such as fast feet, shooting, dribbling, passing and team play through specific drills and free play.

## Tennis

Developing skills and awareness of the game.

## Triathlon

Developing skills within the 3 disciplines (swim, bike, run) bike safety and transition skills. Fun based sessions along with all the fitness benefits. Note: All participants must bring their own bike and safety hat. Parents must ensure the bike is safe to use by their child.

## Trampoline

Developing skills, techniques and routines. May work towards badge work.

## ACE Golf

There are lots of golf opportunities to enjoy as part of the ACE membership:

- Play on all 6 SLLC golf courses (Biggar, Hollandbush, Larkhall, Langlands, Strathclyde Park and Torrance House). Play is unlimited up to 4pm each day however we ask that children under the age of 12 are accompanied by an adult after 4pm.
- Play on Brancumhall Pitch and Putt in East Kilbride. This is a seasonal facility and is open between April and September.
- Participate in Junior ClubGolf coaching with Hollandbush Golf Club for £1.50 per session (half price). ClubGolf is a 20 week/session fun introductory programme of coaching delivered by the resident golf club onsite at each course.
- Participate in Junior ClubGolf coaching with Torrance House Junior Academy. First 10 sessions free thereafter £2 per session.
- Practice for £1 sessions at Playsport Golf Centre in East Kilbride on Friday evenings between 5pm – 8pm.
- Half price balls at Strathclyde Park Golf Centre in Hamilton everyday between 4pm – 6pm.

Further indoor and outdoor coaching opportunities will be available throughout the year for ACE members. These will be advertised through our website and facebook pages, Golf in South Lanarkshire and Children's Activities In South Lanarkshire.



### Useful contact numbers:

General golf enquiries – 01355 233451

Broadlees Golf Centre – 01357 300478

Playsport Golf Centre – 01355 575980

Strathclyde Park Golf Centre –  
01698 285511

Hollandbush ClubGolf – 01555 893484

Torrance House ClubGolf –  
07539227956

# South Lanarkshire Leisure and Culture Limited

## Children's Activities – Booking Terms and Conditions and Fair use rules

- All courses, classes and sessions must be pre-booked and paid in full (unless stated otherwise) prior to the commencement of each course, class or session.
- Reduced rates are available for holders of a current SLLC 'Leisure for all' concession card. Please ensure your concession card is valid to beyond the start date of your chosen activity at the time of booking. Further information on eligibility can be found on the website or by calling 01698 476262.
- Payments cannot be refunded except in circumstances where the course, class or session has been cancelled.
- If you fail to attend 2 weeks or more consecutively without notifying the site directly then your booking will be cancelled and you will be not be automatically re enrolled onto the following course
- If you fail to give 4 hours notice of cancellation or do not turn up for a pre-booked ACE class, you will not receive a refund for the lost booking. ACE members will be charged a £2.00 cancellation fee.
- SLLC reserve the right to cancel/alter/relocate sessions without notice and will run subject to minimum numbers. In the event of an activity being cancelled we will take reasonable steps to notify participants. SLLC will not be held responsible for any travel, accommodation or other ancillary costs incurred by the participant.
- Class Usage – To ensure your child/children have an enjoyable experience of their ACE class/activity they may only attend classes which are at an appropriate level for their age and or skill/ability level.
- Where participation is dependent on skill/ability levels, SLLC staff will provide advice and guidance on the most suitable class/activity for your child/children.
- Participants agree to abide by SLLC's Management Rules at all times. These are available to customers on request and/or are displayed within facilities and venues.
- SLLC cannot be held responsible for injury or loss of belongings sustained whilst participating in any course or session.
- The unauthorised use of photographic and/or recording equipment is strictly prohibited.

## Fair use rules

- Participants are not permitted to attend consecutive classes in the same activity for example, attend 2 consecutive gymnastic classes, however they are permitted to attend consecutive classes in different activities e.g. attend a guitar class followed by a drama class.
- To ensure children receive the best experience from their ACE membership, SLLC encourages parents to, where possible, not book children into multiple activities in the one day.

## Medical Information

- Please provide details of any medical conditions that we would need to be aware of. Providing this information enables SLLC to provide the best service and/or adapt classes to support the needs of the child/children.
- Customers returning through auto re-enrolment should inform reception staff of any changes to personal details including medical information to ensure records are kept up to date.

If you need this information in another language or format, please contact us to discuss how we can best meet your needs.

Phone: **01698 476262** Text phone: **18001 01698 476262**

Email: [customer.services@southlanarkshireleisure.co.uk](mailto:customer.services@southlanarkshireleisure.co.uk)

[www.slleisureandculture.co.uk](http://www.slleisureandculture.co.uk)



# Venues in Hamilton Area

## Blantyre Leisure Centre

Glasgow Road  
Blantyre G72 0JS  
Phone: 01698 727800

## Blantyre Library

1a Clydeview Shopping Centre  
Blantyre G72 0QD  
Phone: 01698 823808

## Bothwell Library

1 Main Street  
Bothwell G71 8RG  
Phone: 01698 853150

## Fairhill Library

Neilsland Road  
ML3 8HJ  
Phone: 01698 456360

## Hamilton Palace Sports Ground

Motehill  
Hamilton ML3 6BY  
Phone: 01698 424101

## Hamilton Town House

102 Cadzow Street  
Hamilton ML3 6HH  
Phone: 01698 452299

## Hamilton Water Palace

35 Almada Street  
Hamilton ML3 0HQ  
Phone: 01698 459950

## Hareleeshill Sports Barn

Donaldson Road  
Larkhall ML9 2SS  
Phone: 01698 887917

## Jock Stein Centre

Hillhouse Road  
Hamilton ML3 9TU  
Phone: 0198 828488

## Larkhall Leisure Centre

Broomhill Road  
Larkhall ML9 1QP  
Phone: 01698 881742

## Larkhall Library

30 Union Street  
Larkhall ML9 1DR  
Phone: 01698 452469

## South Lanarkshire Lifestyles Fairhill

Neilsland Road  
Fairhill Hamilton ML3 8HJ  
Phone: 01698 456350

## South Lanarkshire Lifestyles Stonehouse

2 Udston Mill Road  
Stonehouse ML9 3JL  
Phone: 01698 794380

## Uddingston Library

51 Bellshill Road  
Uddingston G71 7PA  
Phone: 01698 813431

## Whitehill

## Neighbourhood Centre

9 Hunter Road  
Whitehill Hamilton ML3 0LH  
Phone: 01698 477622

# ACE membership for P1 - S4



Your passport to  
Arts, Culture and Exercise

and it just got better!



Launching  
August 2018

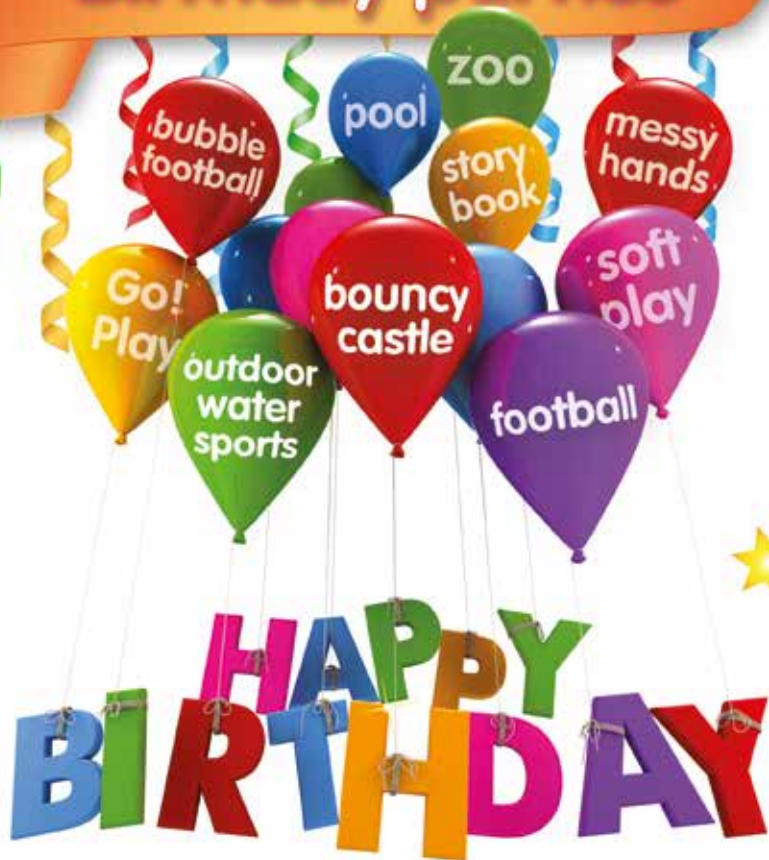
Tiny ACE membership  
from birth to pre-school

[www.slleisureandculture.co.uk](http://www.slleisureandculture.co.uk)

South Lanarkshire Leisure and Culture Ltd is a recognised Scottish Charity, No. SC032549

South Lanarkshire Leisure and Culture

# Birthday parties



South Lanarkshire Leisure and Culture offers a fantastic range of themed birthday party packages.

For more information, booking and ACE members discount, visit our website or contact one of our venues.



Discount available.