### Jock Stein Centre

**Summer Holiday Programme:** 1 July – 9 August 2019

Hillhouse Road, Hamilton, ML3 9TU  
Tel. 01698 828488  
Email: [jocksteincentre@southlanarkshireleisure.co.uk](mailto:jocksteincentre@southlanarkshireleisure.co.uk)

<table>
<thead>
<tr>
<th>Week</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| **Week 1**  
1-5 July | **Football**  
9.30-10.15am  
3-5y Session |         | **Football**  
9.30-10.15am  
3-5y Session |         | **Football**  
9.30-10.15am  
3-5y Session |
| **Basketball** - 10.30am-12.30pm, P1-P7, Course |         |         |         |         |
| **Week 2**  
8-12 July | **Gymnastics**  
1.15-2.00pm  
18m-3y Session | **Gymnastics**  
1.15-2.00pm  
18m-3y Session |         | **Gymnastics**  
1.15-2.00pm  
18m-3y Session |         |
| **Games** - 10.30-am-12.30pm, P1-P7, Course |         |         |         |         |
| **Week 3**  
15-19 July | **Athletics**  
10.30am-12.30pm, P1-P7, Course |         |         |         | **Badminton** - 1.00-3.00pm, P1-P7, Course |

Please note: sessions may be subject to last minute alterations.
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### Week 4
22-26 July

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Age Group</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.15-2.00pm</td>
<td><strong>Gymnastics</strong></td>
<td>18m-3y</td>
<td>Session</td>
</tr>
<tr>
<td>2.00-2.45pm</td>
<td><strong>Gymnastics</strong></td>
<td>3-5y</td>
<td>Session</td>
</tr>
</tbody>
</table>

**Dodgeball - 10.30am-12.30pm, P1-P7, Course**

### Gymnastics Sessions
1. 18m-3y Session
2. 3-5y Session

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### Week 5
29 Jul–2 Aug

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Age Group</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>10.30am-12.30pm</td>
<td><strong>Badminton</strong></td>
<td>P1-P7, Course</td>
<td></td>
</tr>
</tbody>
</table>

**Gymnastics - 1.15-2.00pm, 18m-3y Session**

**Basketball - 10.30am – 12.30pm, P1-P7, Course**

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### Week 6
5-8 Aug

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Age Group</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.30-10.15am</td>
<td><strong>Football</strong></td>
<td>3-5y</td>
<td>Session</td>
</tr>
</tbody>
</table>

**Basketball - 10.30am – 12.30pm, P1-P7, Course**

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