

## 8. Festive Programme 24 December 2019 - 3 January 2020

### Session times

Christmas Eve	Time	Price Category
General Skating	11:30-13:30	Off Peak
General Skating	14:00-16:00	Off Peak
<b>Christmas Day</b>	CLOSED	
<b>Boxing Day</b>		
General Skating	13:30-16:00	Off Peak
<b>27 December</b>		
General Skating	11:30-13:30	Off Peak
General Skating	14:00-16:00	Off Peak
Friday Night (Disco)	19:30-22:00	Off Peak
<b>28 December</b>		
General Skating	11:30-13:00	Off Peak
General Skating	13:30-17:00	Peak
Family Session	17:30-19:00	Off Peak
Saturday Night (Disco)	19:30-22:00	Peak
<b>29 December</b>		
Family Session	11:30-13:00	Off Peak
General Skating	13:30-17:00	Peak
Family Session	17:30-19:00	Off Peak

<b>30 December</b>		
General Skating	11:30-13:30	Off Peak
General Skating	14:00-16:00	Off Peak
General Skating	19:30-22:00	Off Peak
<b>Hogmanay</b>		
General Skating	11:30-13:30	Off Peak
General Skating	14:00-16:00	Off Peak
<b>New Years Day</b>	CLOSED	
<b>2nd January 2019</b>		
General Skating	13:30-16:00	Off Peak
<b>3rd January 2019</b>		
General Skating	11:30-13:30	Off Peak
General Skating	14:00-16:00	Off Peak
Friday Night (Disco)	19:30-22:00	Peak

## 9. Ice rules

To help skaters have a safe and enjoyable visit, please follow all instructions carefully and if unsure about any aspect, ask a member of staff. The following are **some basic 'do's and don'ts'**.

### Do

- Ensure bags/rucksacks are stored safely in a locker
- Put skates on in skate hire
- Wear hoods down for skating
- Fasten boots correctly
- Skate in an anti-clockwise direction unless instructed otherwise
- Follow all instructions from stewards and staff
- Put litter in the bin

### Don't

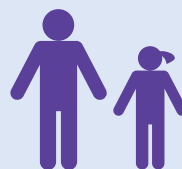
- Bring bags/rucksacks on the ice
- Wear baseball caps or scarves on the ice
- Use mobile phones/cameras or any music devices (i-pod/mp3s) whilst skating
- Spray ice, perform 'C' cuts (a type of stop that can damage the ice surface) or throw ice and snow
- Skate in chains of more than 3 people
- Play tig or bulldogs or chase each other around
- Skate at excessive speeds
- Sit or climb on barriers
- Push and pull others
- Carry children on the ice
- Stand still or gather in groups on the ice
- Eat or drink on the ice
- Skate backwards without due care and attention to others
- Access the ice when a resurface is taking place
- Access the ice in shoes

## Admission policies

### Ice skating admission

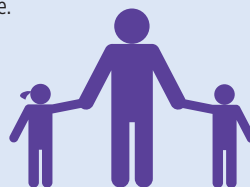
#### Child 7 years and under

All children under the age of 8 must be accompanied by a responsible adult aged 16 or over on the ice.



#### Child 7 years and under

A responsible adult over the age of 16 can accompany up to 2 children aged 7 or under on the ice.



### Ice rink assessment and competency

- Where competency is assessed and assured by a member of staff, children may be excluded from the admission ratios.
- Where it is identified that a child under the age of 8 requires more support from a parent/guardian, the ratio maybe reduced.

### Ace

Members Free\* General Skating: Monday - Friday including Friday night disco. \*£2 skate hire will still apply if required. During the Curling season free access will be restricted to Thursday and Friday, except during school holidays.

### Leisure for all

**Concession, Student, and Scholars** cards entitle holders to up to 50% off most pay-and-play activities. Contact Reception for an Application Form.

If you are aged 60 or over and live in South Lanarkshire, you can use our indoor leisure facilities for only £57.95 for a full year with an **Activage** card. Contact Reception for an Application Form.

If you need this information in a different format or language, please contact us to discuss how we can best meet your needs

Telephone 01698 476262

Text phone 18001 01698 476262

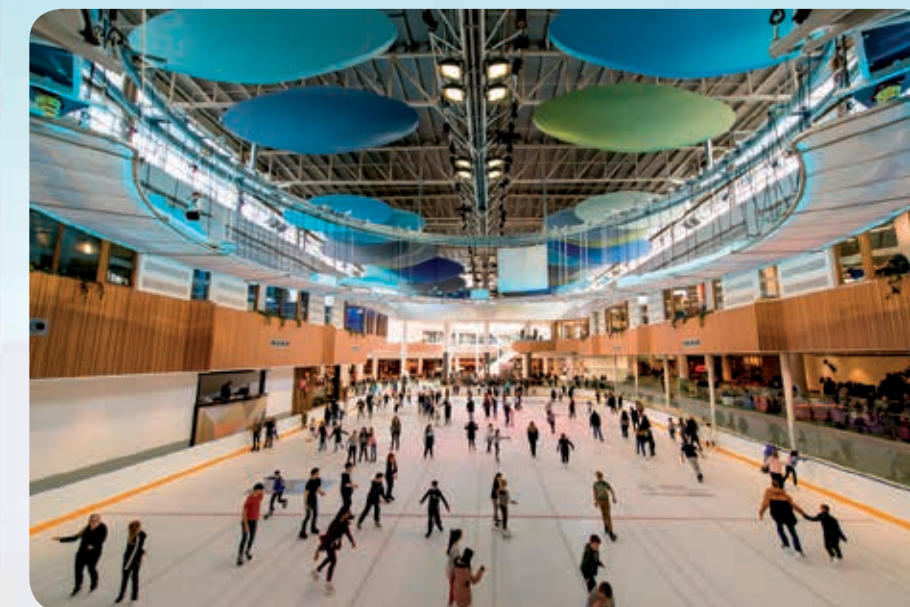
e-mail [customer.services@southlanarkshireleisure.co.uk](mailto:customer.services@southlanarkshireleisure.co.uk)

East Kilbride Ice Rink, Olympia Shopping Centre East Kilbride, G74 1PG  
Tel: 01355 223498

# East Kilbride Ice Rink

## Information prices and programme

1 April 2019 - 31 March 2020



This guide provides information about our:

1. Skating prices
2. Ice skating sessions
3. Equipment hire
4. Ice skating lessons
5. Curling sessions
6. Off Season Programme
7. Curling Season Programme
8. Festive Programme
9. Ice rules and admission policies



## 1. Skating prices 1 April 2019 - 31 March 2020

### Skate session

General skating	Off peak	£5.30
General skating	Peak	£5.80
Children under 6	Anytime	£2.70
Patch ice skate		£5.90

### Lessons

UK Learn to skate	x 5 Lessons	£35.25
	30 min session and includes skate hire	
Snow babies	x 5 Sessions	£26.50
	30 min session and includes skate hire. Under 6's only	

### Curling

Curling Sheet	Off Peak	£72.15
Curling Sheet	Peak	£90.05
Come and Try	Per person	£5.30
Practice	Per person	£6.20

### Equipment hire

Skate hire	All sessions	£2.00
Penguin hire	(30 mins)	£2.60
Skate sharpening		£5.50
Lockers	Retained	£0.20

## 2. Ice skating sessions

**General Skating:** A session for all levels and abilities

**Ice discos:** Ice discos: Every Friday and Saturday night. Skate, dance and chill out with your friends whilst enjoying the latest tunes played by our Resident and special guest DJs. These sessions are open to all ages and abilities. Please note - penguin hire is not available during this session.

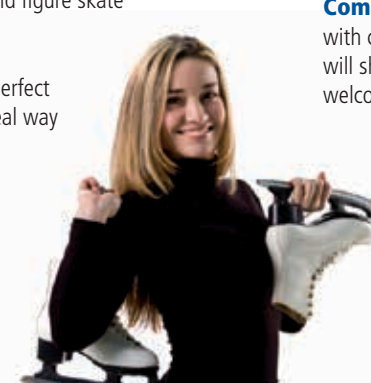
**Family skating:** Enjoy a nice day out with the family with these fantastic ice skating sessions – suitable for all ages. These sessions attract a wide variety of skaters with the majority being beginners and novice skaters. If you have any young children new to skating, why not hire one of our penguins.

## 3. Equipment hire

**Skate Hire:** We stock all sizes from junior size 6 through to adult size 13. Both hockey and figure skate boots available in all adult sizes.

**Penguin hire:** Our friendly penguins are ideal for young children new to skating and a perfect first friend on the ice! Specially designed to support children learning to skate, this is the ideal way to build their confidence and get them used to skating on ice. The penguins are suitable for children under 1.2m in height.

**Skate Sharpening:** If you have your own skates we can sharpen them for you.



## 4. Ice skating lessons

### Learn to skate:

Group ice skating lessons for all abilities with qualified UKLTS instructors. Lessons are 30 mins in duration and are available on a Thursday from 6:15pm and a Sunday from 5:30pm. Start times will depend on ability. Adult lessons are also available on a Sunday. Lessons operate over a five week block and include skate hire.

### Snow babies:

A group coached session for under 6's that introduces children to the fun that can be had on ice with toys and games. A parent/carer must remain in attendance but are not required on the ice. Lessons are 30 mins in duration and are available on a Friday 10:30am, 1:30pm or 2pm. Lessons operate over a five week block and include skate hire.

### Private Learn to skate

One to One private lessons can be arranged and are available on certain days/times. For all lesson enquires simply ask at reception or call: 01355 223498

## 5. Curling sessions

**Curling:** Is available from the beginning of October through to the end of March every Monday, Tuesday and Wednesday. Block bookings as well as individual bookings are welcome.

**After School Curling:** On a Monday between 4pm-6pm for anyone under the age of 16 years to come and have a go at curling. Ask at reception for further details.

**Come and Try/Practice Session.** If you have never tried curling before or you feel you could do with some extra practice come along every Monday between 6pm - 8pm and get advice / tips from a curling development officer.

**Practice Curling Ice:** Available to book Monday to Wednesday for up to a maximum of 3 people per sheet during the curling season.

**Come And Try Wheelchair and Stick Curling:** For those who find the slide delivery usually associated with curling uncomfortable, why not come along on a Tuesday between 4:30pm and 6pm, where coaches will show you how to fully participate in a game using a cue. Wheelchair users and able bodied are equally welcome at these sessions.

## 6. Off Season Programme

1 April - 30 September 2019

### Session times

Monday - Wednesday	Time	Price category
General skating	11:30-13:30	Off peak
General skating	14:00-16:00	Off peak
General skating	19:30-22:00*	Off peak

\*No late session on a Tuesday.

### Thursday

General Skating	11:30-13:30	Off Peak
General Skating	14:00-16:00	Off Peak
Learn to Skate	18:15-19:45	Contact Reception
General Skating	20:00-22:00	Off Peak

### Friday

Snow Babies	10:30-11:00	Contact Reception
General Skating	11:30-13:30	Off Peak
Snow Babies	13:30-14:30	Contact Reception

General Skating*	14:00-16:00	Off Peak
Friday Night (Disco)	19:30-22:00	Peak

\* Top quarter of rink will be sectioned off for lessons until 14:30

### Saturday

Family Session	11:30-13:00	Off peak
General skating	13:30-17:00	Peak
Family session	17:30-19:00	Off peak
Saturday night (Disco)	19:30-22:00	Peak

### Sunday

Family session	11:30-13:00	Off peak
General skating	13:30-17:00	Peak
Learn to skate	17:30-20:30	Contact Reception

## 7. Curling Season Programme

7 October - 23 December 2019

4 January - 5 April 2020

### Session times

Monday	Time	Price Category
After School	16:00-18:00	Off Peak
Come and Try	18:00-20:00	£5.30 per person
Curling	20:00-22:00	Peak

### Tuesday

Curling	10:00-16:30	Off Peak
Come & Try (Wheelchair/Stick)	16:30-18:00	£5.30 per person
Curling	18:00-22:00	Peak

### Wednesday

Curling	10:00-17:30	Off Peak
Curling	17:30-22:00	Peak

### Thursday - Sunday

Same as 'Off Season' Programme

NB. During School Holidays the Off Season Programme will apply.

